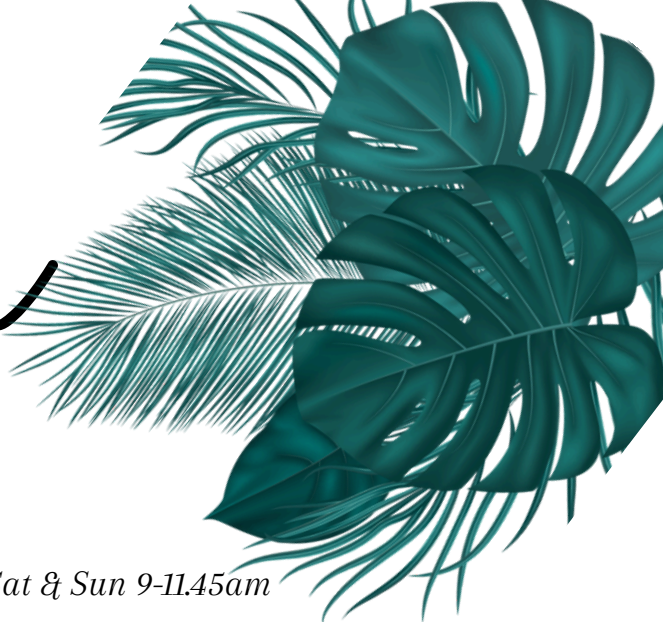


Menu



Breakfast

served 9am-4pm Mon-Sat & Sun 9-11.45am

Steak and Eggs

Grilled flat iron steak served pink with two fried eggs and fries E/S

£17.95

Vanilla Yoghurt

Vanilla yoghurt, fruit compote, granola and honey. D/GL/N

£8.95

Bacon or Sausage Sandwich

Make the sandwich your own and add an egg, cheese, mushrooms or spinach for £1.50 each GL/GFA/D/E

£6.95

Toast

With jam or marmalade GL/GFA/D

£2.95

Teacake

GL/D

£2.95

Eggs On Toast

Two eggs poached, scrambled or fried GL/GFA/E/D

£6.50

SQ COMPLETE BREAKFAST

A hot Breakfast below with your choice of cold juice and hot drink! Only £16.95! Mon-Sat 9am-4pm / Sun 9am-11:30am.

Full or Half Westcountry Breakfast

Two rashers of bacon, two sausages, grilled flat mushroom, grilled tomatoes, baked beans, hash browns, two eggs either poached, fried or scrambled (D) and a slice of brown or white toast GL/GFA/D/E/S

£10.95/£13.95

Full or Half Veggie Breakfast

Two Moving Mountain vegan sausages, halloumi, grilled flat mushroom, grilled tomatoes, baked beans, hash browns, two eggs either poached, fried or scrambled (D) and a slice of brown or white toast GL/GFA/D/E/S

£10.95/£13.95

Eggs Florentine (wilted spinach)

D/S/GL/E

£11.75

Eggs Benedict (Westcountry ham)

D/S/GL/E

£12.95

Eggs Royale (award winning smoked salmon)

D/S/GL/F/E

£13.95

Breakfast Brioche Roll

Two sausages, two rashers of bacon, fried egg, cheese, spiced tomato chutney in a toasted brioche roll M/D/GL

£12.50

Avocado on Toast	£10.95
Crushed avocado with feta on toasted bloomer bread with two poached eggs, grilled tomatoe and chilli flakes GL/GFA/S/E/D	
Smoked Salmon & Scrambled Eggs	£13.95
Award winning smoked salmon served with scrambled eggs on brown toast D/GL/GFA/F/E	
SQ American Pancakes	
Our American style Pancakes served with either: (<i>choose small or large</i>)	
Maple Syrup GL/E	£7.95/£11.50
Smoked Streaky Bacon and Maple Syrup GL/E	£8.50/£11.95
Fruit Compote, Chantilly Cream and Maple Syrup GL/E/D	£8.50/£11.95
Speculoos Biscuit, Chantilly Cream and Biscoff Sauce GL/E/D	£8.50/£11.95
French Toast	£8.50/£11.95
French toast served with Smoked Streaky Bacon and Maple Syrup GL/E/D	

Starters & Sharers

Pulled Pork Nachos	£9.95/£16.95
Slow cooked pulled pork with melted cheese, tortilla chips, guacamole, sour cream, salsa and jalapeno peppers S/D (sour cream)/M	
Mussels Marinière	£11.50
Served with fresh crusty bread MO/D/S/GL/GFA	
Baked Camembert	£16.95
Whole baked Camembert studded with garlic and rosemary served with crusty bread and caramelized onion chutney GL/D	
Sweet Chilli Hummus	£8.50
Sweet chilli hummus, herb infused olives, focaccia and salad GL/M/SE	
Buffalo Burrata	£8.95
With pesto, olives, cherry tomatoes, croutons, pomegranate, vinaigrette D/GL/S/M	
Seafood Platter	£26.95
Garlic butter king prawns, smoked salmon, moules mariniere, scampi, crusty bread, salad and garlic aioli MO/F/GL/D/S/M/MO	
House Soup	£7.50
Today's house soup served with crusty bread. GL/GFA	
Crispy Duck Salad	£8.95
Confit duck leg with a spinach, pomegranate, orange and sesame salad. M/SE/S	
Vegetarian Mezze Board	£16.95
A Mediterranean inspired platter of herb infused olives, housemade sweet chilli hummus, marinated feta, crispy halloumi. Served with homemade charred focaccia and a side salad. D/GL/GFA/S/M/E	
Tempura Prawns	£8.95
Tempura Prawns with soy and hot honey dressing. CR/M/S	
Antipasti	£8.95/£16.95
Selection of cured meats, olives, shaved parmesan with salad, crusty bread and balsamic oil to dip S/D/GL/GFA/M	
Crusty Bread and Oils GL/S	£4.50
Garlic Pizza	£8.95
Add cheese for £1.50. GL/D	
Garlic & Basil Olives	£4.50

Mains

SQ Signature Calves Liver & Bacon £17.95
Pan fried calves liver, smoked streaky bacon, creamy mash, caramelized onion gravy and seasonal vegetables. Served pink or well done D/S/SO

Thai Curry £11.95/£15.95
Authentic Thai curry made with fresh Thai ingredients served with coconut jasmine rice. Choose from tofu, chicken, prawn (CR) or beef SO
Add a spring roll for £1.50 D/GL

Luxury Fish Pie £12.95/£17.95
Cod, hake, smoked salmon and prawns served in a creamy sauce topped with cheese glazed mashed potato with seasonal vegetables F/D/CR/GL

BBQ Ribs £24.95
Tender slow cooked full rack of Pork ribs marinated in our house BBQ sauce served with fries or chips, salad and coleslaw M/S

Seafood Linguine £19.50
King prawns, mussels and squid tossed in a lemon cream linguine served with focaccia F/M/CR/D/S/GL/E

Chicken Schnitzel £18.50
Deep fried, panko breadcrumbed Chicken breast with garlic butter, salad, and fries or hand cut chips M/S/D

Moules Marinere £19.50
Local Mussels with a traditional marinere sauce served with fries and freshly baked bread MO/D/S/GL/GFA

North Devon Sausages and Mash £11.50/£15.95
Served with seasonal vegetables, mash and a wholegrain mustard gravy D/M/S/C

Vegetarian Linguine £15.95
Sauteed summer vegetables, olives and garlic tossed in a slow cooked tomato linguine served with focaccia E/GL/S

From the Grill

Select your meat/fish, served with fries or handcut chips, salad or seasonal vegetables and bernaïse, peppercorn or garlic butter. *Upgrade to Parmesan and Truffle fries £2.50*

7oz Flat Iron Steak (D/M) £18.95
10oz Sirloin (D/M) £29.95
7oz Beef Fillet (D/M) £30.95
Fish Of The Day (F/D/M) £MP

Add garlic prawns to your meal for (CR/D) £5.50

Beef Or Spiced Chicken Burger £15.50
Choose beef or spiced chicken with burger relish, rocket, beef tomato, in a toasted bun with fries or chips and coleslaw
Add bacon, cheese or grilled field mushrooms for £1.50 each. Pulled pork £2.50 GL/GFA/M

Vegan Burger £14.95
Moving Mountain patty served with burger relish, rocket, beef tomato, in a toasted bun with fries or chips and coleslaw
Add guacamole, mushrooms or vegan smoked applewood cheese for £1 each GL/M

Stone Baked Pizza

Margherita £12.95
Mozzarella served with fresh basil GL/D

Pepperoni £13.95
With nduja sausage and mozzarella GL/D

Meatfeast £15.50
With pulled pork, chicken, bacon and pepperoni GL/D/S

King Prawn £15.50
With chorizo sausage and mozzarella GL/D/CR

Caprese	£13.95
Sweet and spiced tomato base, marinated tomatoes, mozzarella and pesto GL/D/M/S	
Duck	£15.95
Hoi sin base, shredded confit duck with spring onions and mozzarella GL/SE/SO/D/S	

Sandwiches & Salads

Crispy Halloumi Wrap	£13.95
Crispy Breaded Halloumi with rocket, sun dried tomato, cucumber and sriracha mayonnaise with coleslaw and fries or chips GL/D/E	
Steak Sandwich	£15.95
4oz Sirloin steak cooked pink or well done in a freshly baked ciabatta, rocket, sunblush tomatoes, crispy shallots and onion chutney served with either fries or chips GL/GFA/D/S	
Fish Finger Sandwich	£14.50
Breaded cod fillet, served with tartar sauce and rocket in a toasted bun with coleslaw and fries or handcut chips F/E/GL/GFA	
Super Salad	£15.50
Fresh seasonal vegetables, pickled cabbage, toasted seeds, marinated in a sweet and spicy soy dressing topped with toasted nuts <i>Add Marinated Tofu £2.50. Cajun Chicken Breast £4.00. Smoked Salmon £4.00 S/SO/N</i>	
Club Sandwich	£15.95
Grilled Chicken, crispy streaky bacon, egg mayonnaise, lettuce and tomato in toasted bread served with fries or chips and coleslaw GL/E/S	

Small Appetite

SQ Bitesize Burger	£9.50
Beer battered served with fries GL/D/E <i>Add cheese for £1</i>	
Breaded Cod	£10.95
Served with fries, peas or baked beans F/E	
Thai Curry	£11.50
Authentic Thai curry made with fresh Thai ingredients served with coconut jasmine rice D/GL Choose Tofu, Chicken, Prawns (CR), or Beef (SO) <i>Add a spring roll for £1.50</i>	
Margherita Pizza (GL/D)	£9.95
Pepperoni Pizza (GL/D)	£10.50
Sausages	£9.95
Served with fries, peas or baked beans	
Moules Mariniere	£14.95
Local Mussels with a traditional mariniere sauce with fries and freshly baked bread MO/D/S/GL/GFA	
Meatballs	£9.95
Pork and Beef Meatballs in a marinara sauce with linguine topped with parmesan and served with garlic bread GL/E/D	

Sides

Crusty Bread (GL/D)	£2.95
Seasonal Veg (D)	£4.50
Fries/Chips	£3.95
Add Cheese (D)	£1.50
Coleslaw	£2.50
Creamy Mash (D)	£4.50
Pulled Pork Cheese Fries (D)	£7.95
Parmesan & Truffle Fries (D)	£4.95
Sweet Potato Fries	£4.95
Mixed Salad (M)	£4.95
Garlic Pizza (GL/D)	£8.95
<i>Add cheese for £1.50</i>	

Desserts

Hocking's Vanilla Ice-cream

£6.75

Two scoops topped with crushed chocolate flake D

Pistachio Creme Brulee

£8.50

D/E/N

Sticky Toffee Pudding

£8.50

Homemade sticky toffee pudding with toffee sauce and Hockings ice cream GL/D/E

Cheesecake of the Day

£8.50

Please ask for today's flavour served with clotted cream GL/D

SQ Sundae

£8.50

A refreshing layered mix of fresh strawberries, clotted cream, whipped cream, shards of meringue and Hockings Ice Cream D/E

Chocolate Brownie

£8.50

Served warm with Hocking's ice cream GL/E/D

Sorbet

£6.75

Affogato

£6.75

Double espresso served with local Hocking's ice-cream D

Ice Cream Of The Day D

£6.75

Kid Size Brownie GL/E/D

£5.95

Aftermeal Cocktails

Caramel Amaretto White Russian

£10.50

Salted caramel, disaronno, Kahlua, milk and cream. D

Espresso Martini

£10.50

ILLY Espresso, Vodka, Kahlua, and Salted Caramel

Or Choose: Baileys (Substituting Kahlua) / Classic Espresso Martini available

Calypso Coffee

£7.50

Double espresso, Tia Maria and cream D

Hazelnut Coffee

£7.50

Double espresso, Frangelico and cream D

Irish Coffee

£7.50

Double espresso, whiskey and cream D